



**Midsummer Magic: Awaken your Voice
in the idyllic setting of Heir Island, West Cork
21st - 23rd June 2024**

A 3-day voice workshop on Heir Island, off the coast of West Cork,
led by Ireland's only Designated Linklater Voice Teachers

Regina Crowley and Bernadette Cronin

Authors of *Kristin Linklater* (Routledge, 2023)

[https://www.routledge.com/Kristin-Linklater/Cronin-
Crowley/p/book/9780367561482](https://www.routledge.com/Kristin-Linklater/Cronin-Crowley/p/book/9780367561482)



The benefit with this kind of work is that you repeat and repeat and repeat, but it's never the same. The tune is the same, but the content of the song changes all the time. What it's doing...and the kind of work it is... it's working on me all the time, and it is very honest work, and what it's doing is changing your mental habits and constantly challenging the status quo of a habitual mindset.

(Kristin Linklater, 2019)



Awaken your Voice Workshop

Immerse yourself in a series of physical and imaginative exercises that will awaken the expressive potential of your voice in the idyllic setting of Heir Island, 5 minutes off the coast of Co. Cork, Ireland <http://heirisland.ie/>

Drawing on the work of world-renowned master voice teacher Kristin Linklater, this workshop will take you through a clear progression of step-by-step practical exercises that will help you release tension, find freedom in your breath and your vocal vibrations, strengthen your voice through the exploration of resonance, capacity and range. You will apply this work to spoken text from the wonderfully playful world of *A Midsummer Night's Dream* by William Shakespeare.



Accommodation and meals

Friendly accommodation and delicious vegetarian meals are included in the price and will be provided by Craig and Claudia at *Heir Island House*.



Workshop Fee (includes work sessions, meals and accommodation)

Double room €435 per person sharing

Family room €455 per person sharing

Twin room €475 per person sharing

Double room (single occupancy) €535. There is only one place at this price.

Workshop only €230

Meals per days €65 (no concession for meals missed)

Limited spaces available – early booking is advised to avoid disappointment. A non-refundable deposit of €100 secures your place, and workshop fee is to be paid in full by Thursday 6th June. For further information and booking details, please email: linklaterireland@gmail.com



Heir Island Retreat House where the work sessions will take place.

Itinerary / Weekend Schedule:

Friday 21st June:

Arrive on 2.00 p.m. Ferry (from Cunnamore Harbour, off the Skibbereen - Ballydehob Road

Crossing takes approx. 5 minutes. <http://heirisland.ie/getting-here/ferry-timetable/>

Tea/coffee on arrival at Accommodation - Heir Island House <https://heirisland.house/>

3 - 6.00 pm: Workshop, Heir Island Retreat Centre (5 minutes' walk from accommodation.)

6.30 pm. *Dinner, Heir Island House*

8.30p.m. Walk to Cliffs (an Dún) for voice work over Roaring Water Bay

Saturday 22nd June:

8.00 - 9.30 pm: *Breakfast*

10.00 am -1pm: Workshop - Heir Island Retreat Centre

1.30 pm *Lunch, Heir Island House*

Free time for self-selected activities: kayaking, swimming, walking, resting...

5.30pm - 6.45pm: Voice Workshop

7.00 pm *Dinner, Heir Island House, followed by gathering around fire and hot tub option...*

Sunday 23rd June:

8 - 9.30 am: *Breakfast, Heir Island House*

10 - 12.30 pm: Workshop, Heir Island Retreat Centre

1.00pm: *Lunch, Heir Island House*

2 - 3.15 pm Workshop: Special Request Session (for elements of the work participants would like to re-visit).

4pm *Ferry Depart*

What do I need:

- Loose comfortable clothing, walking shoes, swimwear (as required), rain gear (just in case!)
- Bring a pen and notebook to jot down your notes, reflections and responses to the work.
- A hard copy of 8 lines of text of your choice from **A Midsummer Night's Dream** by William Shakespeare (or other text of your choice that you're keen to explore) for application of the voice work. See some suggestions below:



EGEUS: Act 1 Scene 1, beginning line 28: “Full of vexation come I ...”

LYSANDER / HERMIA: Act 1 Sc 1, beginning line 128 – 178: “How now my love...”

HERMIA: Act 1. Sc. 1, beginning Line 181: “Call you me fair ...”

HELENA: Act 1. Sc. 1, beginning line 226: “How happy some oer other some can be...”

DEMETRIUS: Act 2: Sc 1, beginning line 188: “I love thee not ...”

OBERON: Act 2: Sc 1, beginning line 249: “I know a bank ...”

OBERON: Act 2: Sc 2, beginning line 33: “What thou seest”

HELENA / LYSANDER: Act 2: Sc 2, beginning line 94: “O, I am out of breath in this fond chase...”

TITANIA: Act 3 : Sc 1, beginning line 122: “What angel wakes me from my flowery bed...”

Bottom: Act 4: Sc 1, beginning line 199 : “When my cue comes, call me, and I will answer...”

Snout, et al: Act 5: Sc 1, beginning line 153: “In this same interlude it doth befall...”



We look forward to voicing with you on Heir Island!